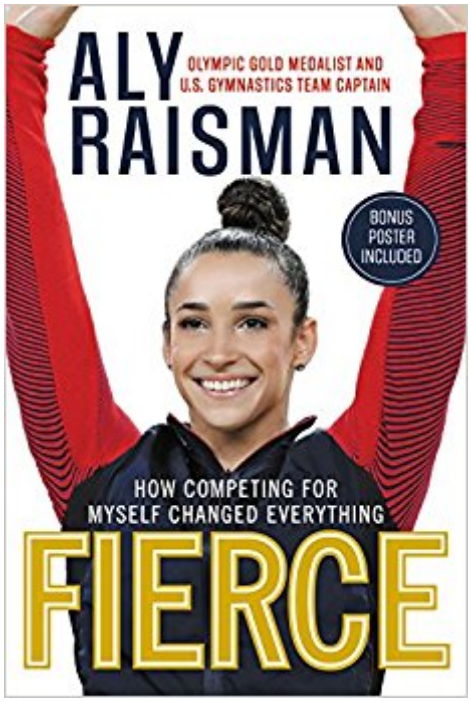
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Fierce: How Competing For Myself Changed Everything



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Synopsis

Discover Aly Raisman’s inspiring story of dedication, perseverance, and learning to think positive even in the toughest times on her path to gold medal success in two Olympic Games--and beyond. Aly Raisman first stepped onto a gymnastics mat as a toddler in a "mommy & me" gymnastics class. No one could have predicted then that sixteen years later, she’d be standing on an Olympic podium, having achieved her dreams. But it wasn’t an easy road to success. Aly faced obstacle after obstacle, including naysayers who claimed that she didn’t have the talent to compete at an elite level and classmates who shamed Aly for her athletic body. Through it all, Aly surrounded herself with supportive family, friends, and teammates and found the inner strength to believe in herself and prove her doubters wrong. In her own words, Aly shows what it takes to be a champion on and off the floor, and takes readers on a behind-the-scenes journey before, during, and after her remarkable achievements in two Olympic Games--through her highest highs, lowest lows, and all the moments in between. Honest and heartfelt, frank and funny, Aly’s story is enhanced with never-before-published photos, excerpts from the personal journals she’s kept since childhood that chronicle memorable moments with her teammates, and hard-won advice for readers striving to rise above challenges, learn to love themselves, and make their own dreams come true.

Book Information

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Customer Reviews

Aly Raisman is a gold-medal-winning Olympic gymnast who captained the U.S. team to victories in 2012 and 2016. She has won six Olympic medals overall, and was a member of two gold-medal-winning World Championships teams. A native of Needham, Massachusetts, Aly’s love for the sport can be traced back to a "mommy & me" gymnastics class she took as an

eighteen-month-old. Aly is a leader on and off the floor, and a fierce advocate for body positivity.

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